

cold sandwiches

Albacore Tuna **FAV!**

Tossed with mayo, celery, red onion & sweet pickle relish, served on squaw bread with lettuce & tomato. 7.95

BLT

Hickory-smoked bacon stacked on toasted wheat with mayo, lettuce & tomato. 7.95

Cajun Turkey **FAV!**

Mildly spicy roasted turkey served on sourdough with monterey jack, lettuce, tomato, avocado & cajun sauce. 7.95

Chicken & Bacon Club **FAV!**

Cold sliced roasted chicken breast served on toasted wheat with mayo, lettuce, tomato & bacon. 7.95

Club Deluxe

Roasted turkey, tender ham, bacon, baby swiss cheese, lettuce, tomato & mayo on a warm onion-dill roll. 7.95

Cracked Pepper Turkey

Seasoned turkey breast on squaw bread with monterey jack, mayo, dijon mustard, lettuce & tomato. 7.95

Egg Salad

Chopped egg tossed with mayo, mustard, celery, red onion & sweet pickle relish, served on wheat bread with lettuce & tomato. 6.95

Ham & Baby Swiss

Served on sourdough with lettuce, tomato & honey mustard. 7.95

Roast Beef

Medium rare sliced beef on a soft french roll with mayo, horseradish sauce, lettuce, tomato & provolone. 7.95

Roasted Turkey Breast **FAV!**

Our #1 seller! On squaw bread with mayo, avocado, lettuce, tomato & baby swiss. 7.95

Sequoia Sandwich

Cracked pepper turkey & baby swiss served on an onion-dill roll, topped with sliced tomato & coleslaw. 7.95

The Sicilian **FAV!**

Genoa salami & capicola ham served on sourdough with provolone, mayo, lettuce, tomato, red onion, pepperoncinis & vinaigrette. 7.95

Waldorf Chicken

Chopped white chicken tossed with mayo, celery, red onion, apples & walnuts, served on a croissant with lettuce & tomato. 7.95

FAV! = customer favorite

substitute

our delicious MULTI GRAIN bread on any sandwich, or add FRESH SPROUTS anytime — all at no charge!

paninis

Tomato-Basil Mozzarella

Sliced mozzarella cheese, roma tomatoes & fresh basil, topped with balsamic vinaigrette on focaccia bread. 6.95

Eggplant-Artichoke

Eggplant, artichoke hearts, mozzarella cheese, grilled onions with garlic & tomato pesto on focaccia bread. 6.95

Turkey-Pesto

Sliced roasted turkey, mozzarella cheese, roma tomatoes & fresh basil, topped with a basil pesto spread on focaccia bread. 7.95



SEQUOIA SANDWICH COMPANY

You'll taste the quality!

hot sandwiches

BBQ Chicken

Sliced chicken breast grilled with melted pepper-jack cheese, & topped with BBQ sauce & bacon, served on a warm onion-dill roll. 7.95

California Chicken Breast

Marinated grilled chicken breast served on an onion-dill roll with mayo, avocado, red onion, lettuce & tomato. 7.95

California Pastrami **FAV!**

Our great pastrami served "California style" on a grilled french roll with melted swiss, yellow mustard & pickles. Also available New York Style, on rye bread with hot mustard. 7.95

Chicken Caesar

Grilled chicken breast on grilled sourdough bread with parmesan cheese, caesar dressing, romaine lettuce & tomato. 7.95

Chicken Fajita

Sliced chicken breast grilled with peppers & onions, with sliced tomato, guacamole & pepper-jack cheese, on a warm french roll with sour cream & salsa on the side. 7.95

Chicken Italiano

Grilled strips of roasted chicken breast, with melted pepper-jack cheese on a grilled french roll with marinara sauce on the side. 7.95

Classic Reuben

Corned beef served on grilled rye, topped with sauerkraut & russian dressing. 7.95

French Dip **FAV!**

Grilled roast beef served on a warm french roll with melted swiss & a cup of hot au jus for dipping. 7.95

Grilled Cajun Turkey

Our spicy cajun turkey on grilled rye bread with melted jack cheese, 1000 island dressing, lettuce & tomato. 7.95

Hot Ham & Cheese

Served on grilled sourdough with melted baby swiss. 7.95

Hot Roast Beef

Grilled roast beef & melted jack cheese on grilled sourdough with ranch dressing, red onion, lettuce & tomato. 7.95

Monterey Chicken Club **FAV!**

Marinated grilled chicken breast served on an onion-dill roll, with monterey jack, lettuce, tomato, avocado, bacon & ranch dressing. 7.95

Philly Cheesesteak

Grilled chopped sirloin served on a soft french roll, topped with melted baby swiss, grilled onions & peppers. Homemade marinara sauce on the side. 8.95

Southwestern Chicken

Mildly spicy chicken breast served on an onion-dill roll with melted pepper-jack cheese, honey mustard, red onion, lettuce & tomato. 7.95

Tuna Melt

Albacore tuna salad served on grilled sourdough with melted cheddar. 7.95

Turkey Bacon Melt **NEW!**

Sliced roasted turkey with melted American cheese and crispy bacon, topped with lettuce, tomato, red onion and 1000 Island dressing. Served on golden grilled sourdough. 7.95

Turkey Dip

Just like our famous French Dip, but made with roasted turkey instead of beef. Like it spicier? Ask your server to have it made with our cajun turkey! 7.95

FAV! = customer favorite

supreme sandwiches

TWICE the meat of our regular sandwiches.

The All American

Our incredible roasted turkey breast & delicious tender ham together at last with our creamy baby swiss cheese, lettuce, tomato, mayo & dijon mustard on soft squaw bread. 9.95

The Big Dipper

For those who love our regular french dip we've doubled your pleasure by combining our tender roast beef with roast turkey, melted swiss & cheddar on a soft grilled roll with a side of hot au jus for dipping. 9.95

Double Hot Ham & Cheese

Double the ham & cheese of our normal ham & cheese. Tender ham melted with creamy baby swiss & cheddar cheese on grilled sourdough. 9.95

The Italian Stallion

Genoa salami, spicy capicola & tender ham with provolone & pepper-jack cheese, lettuce, tomato, pepperoncinis, mayo, dijon & vinaigrette on soft sourdough. 9.95

The New Yorker

Over 3/4 pound of our pastrami & corned beef served on rye bread with swiss cheese, russian dressing & coleslaw. Awesome! 10.95

Turkey Club

Our best selling roasted turkey on three slices of toasted wheat bread, with crispy hickory bacon, creamy baby swiss cheese, fresh lettuce, tomato, mayo & dijon. 9.95



Gluten Free Bread

Available for MOST sandwiches +.50 cents



Order online at

sequoiasandwich.com

Credit Cards and Corporate Accounts Welcome!

fresh salads

choice of dressings

- Ranch • Blue cheese • Thousand island
 Poppyseed • Balsamic vinaigrette • Caesar • Greek
 • Toasted sesame • Fat free Italian • Honey mustard

Antipasto Salad

Chopped lettuce, sliced salami & provolone cheese, tomatoes, black olives & crumbled blue cheese, with balsamic vinaigrette dressing. 8.95

Bistro Salad

Assorted field greens, with cherry tomatoes, crumbled blue cheese & glazed walnuts, choice of dressing on the side. 6.95

Add grilled chicken 2.00

California Chicken Salad **FAV!**

Marinated grilled chicken on a Garden Salad with avocado, garbanzo beans & feta cheese. Choice of dressing on the side. 8.95

Chicken Caesar

Grilled chicken on romaine lettuce, croutons & parmesan cheese. Creamy caesar dressing on the side. 8.95

Cobb Salad **FAV!**

Chopped lettuce, turkey, ham, bacon, tomato, avocado & crumbled blue cheese, with choice of dressing. 8.95

Garden Salad

Iceberg & romaine lettuce, tomatoes, cucumbers, red onions, carrots & croutons, with choice of dressing. 6.95

Add grilled chicken 2.00

Greek Salad

Iceberg & romaine lettuce, feta cheese, tomatoes, cucumbers, red onions, greek olives, with our lemon-olive oil dressing on the side. 6.95

Add grilled chicken 2.00

Half Salads Available

(Subtract 2.00)

Small Garden or Caesar Salad 2.50

Small Bistro Salad 3.50

Spinach, Kale & Slaw Salad **NEW!**

Fresh spinach, chopped kale, broccoli slaw, shredded carrots & cabbage, topped with dried cranberries, sunflower seeds and red onion, served with a sweet & tangy dressing. 6.95

Add grilled chicken 2.00

Sesame Chicken Salad **FAV!**

Chopped cabbage & lettuce, red & yellow bell peppers, water chestnuts, mandarin oranges, sliced almonds, & chunks of white chicken. Toasted sesame dressing on the side. 8.95

Southwestern Chicken Salad **FAV!**

Mildly spicy grilled chicken on a Garden Salad with tortilla chips, avocado & pepper-jack cheese. Honey-mustard dressing on the side. 8.95

Spring Salad

Fresh field greens & butter leaf lettuce, topped with sliced strawberries*, mandarin oranges, honey-maple walnuts & sliced red onions, with our homemade poppyseed dressing on the side. 6.95

*Made with dried cranberries October to March.

Add grilled chicken 2.00

Taco Salad

Chopped lettuce & tortilla chips, topped with our homemade chili, cheddar cheese, black olives, avocado, sour cream & salsa. 8.95

Tuna or Waldorf Chicken Salad

Choose our popular albacore tuna or waldorf chicken salad served on a bed of chopped lettuce & tomatoes. 8.95

sides

Soups

Our fresh soups vary daily. Ask us for today's special.

Small Cup 2.95 Medium Cup 3.95

Large Cup 5.95 Jumbo 10.95

Homemade Chili

Our special recipe with just the right mix of spices, beans & seasoned ground beef.

Cheese & onions on request .50

Small Cup 2.95 Medium Cup 3.95

Large Cup 5.95 Jumbo 10.95

hot sourdough rolls

Great with your soup or salad! .50

potato chips

Zapps chips from Louisiana are the best we've ever had. 1.50

Regular • Jalapeño • Sour Cream & Onion
 Salt & Vinegar • Mesquite BBQ
 Cajun Crawtators

for kids

Served plain on white bread. Cheese, veggies & condiments added on request only.

Grilled Cheese 3.50 Ham 3.95

Turkey 3.95 Salami 3.95

When purchased with any regular sandwich or entrée salad.

ALLERGY WARNING

Sequoia uses almonds, walnuts, peanut butter, eggs & wheat products as ingredients in certain menu items, which are also made on shared equipment. Our Potato Chips contain peanut oil.

baked potatoes

Giant baked potatoes hot from the oven with your choice of fresh toppings.

Butter, sour cream & bacon 5.95

Chili & cheese 6.95

Broccoli, ham & cheese 7.95

Chicken, bacon, ranch & cheese 7.95

Chicken, caesar & parmesan 7.95

The Cobb potato 7.95

(Turkey, ham, bacon & blue cheese dressing)

bakery

Gary's Famous Dark Chocolate Cake 2.50

Carrot Cake 2.95 Layer Cakes 3.95

German Chocolate Cake 3.95

Homemade New York Style Cheesecake

Plain 3.50 • Strawberry 3.95 • Butterfinger 3.95

Homemade Cookies 1.95

Chocolate chip • Oatmeal-raisin • Peanut butter • Oatmeal chip-nut

Rainbow sugar • Snickerdoodle

NEW! White Chocolate Chip Nut Cookie

(Gluten Free!) 2.25

Fudge brownies 1.95 Rice Krispy Treats 1.95

Strawberries & Cream (Seasonal) 4.95

Banana Pudding 3.95

beverages

Fountain Sodas & Iced Tea 1.95

Bottled Soda 1.95

Specialty Sodas & Juices 2.25

Sobe & Fuse 2.25

Bottled Water 1.50 Sparkling Water 1.75

Energy Drinks 2.50

Milk 1.75 Chocolate Milk 1.75

Coffee 1.50 Hot Tea 1.00

for special diets

vegetarian sandwiches

Hot Vegetarian

Roasted eggplant, peppers & mushrooms, with freshly sliced tomatoes, topped with parmesan cheese & served on grilled sourdough. 6.95

Cold Veggie & Cheese

Whole wheat bread spread with avocado, cheddar & pepper-jack cheese, topped with tomatoes, lettuce, red onion, pickles, pepperoncinis & drizzled with balsamic vinaigrette. 6.95

Deluxe Grilled Cheese

Three of our best cheeses, baby swiss, cheddar & pepper-jack all melted onto grilled sourdough bread with fresh lettuce & tomato. 6.95

"Heart ♥ Smart"

Heart-Smart Sandwich

Eating light? Only 2 grams of saturated fat! Enjoy your choice of our roasted turkey breast or tender ham, on soft sourdough bread with lettuce, tomato, red onion, pepperoncinis & your choice of mustard. 7.45

lite lunch

Mix half of a **cold** Roast Turkey, Tuna, Ham & Swiss, Waldorf, Egg Salad, or Veggie & Cheese sandwich, with a Garden or Caesar salad (Bistro +\$1), or cup of today's soup or chili. 6.95

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side salads

All our side-salads are made fresh daily!

Mini 1.25 • Small 3.75 • Large 7.50

Yukon Potato

A classic american potato salad made with yukon gold potatoes, diced celery, onion, red bell pepper, mayo & seasonings.

Creamy Cole Slaw

Freshly shredded green cabbage, carrots, & chopped green onion combined with our special sauce, with just a hint of real horseradish to give it some zing!

Broccoli-Raisin

Chopped broccoli florettes mixed in a tangy dressing with golden raisins, red onions & slivered almonds.

Macaroni

A traditional deli style macaroni salad made with elbow macaroni, diced celery, onion, relish & mayo.

Quinoa **NEW!**

Pronounced "keen wah", this popular grain is high in nutrients & fiber. We've combined it with wild rice, red & yellow bell peppers, celery, onion, cherry tomatoes, feta cheese & basil, all tossed in balsamic vinaigrette.

Broccoli-Pasta

Fresh broccoli florettes, tomatoes, red onion, black olives and pasta shells, tossed in our special balsamic vinaigrette.

Fresh Fruit (April-September)

Freshly sliced cantaloupe & honeydew melon tossed with the best red flame seedless grapes & plump strawberries.

Small Garden or Caesar Salad 2.50

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